

# Your Horse Your Life in Horse & Rider

## Your Horse Your Life

### TALK

Lynn Palm and Rugged Painted Lark will give bridless demonstrations at WEG.



### 40 YEARS AND COUNTING

Don't let the photographed bridle fool you. Team H&R's Lynn Palm has been giving bridless performances for decades—four of them, to be exact. This year marks her 40th as a bridle-free performer!

Lynn will mark this anniversary by giving bridless demonstrations during the upcoming Alltech FEI World Equestrian Games (WEG), September 25 to October 10 in Lexington, Kentucky. Her equine partner will be Rugged Painted Lark, her Paint gelding by the late Rugged Lark. Lynn and Rugged Lark paired up to win two AQHA Superhorse titles in Quarter Horse competition, and then they wowed crowds for 10 years with their bridless demonstrations.

"Rugged Lark was such a special horse, and people really loved him," Lynn says. "I wanted to carry on his memory by continuing to share with horse lovers good ethics of horsemanship and training of a happy horse."

### THRILL OF THE DRILL

If you ever get a chance to see the Young Guns 4-H Equestrian Drill Team in action, you'll be in for a treat. These riders, based in Burlington, Kentucky, have a long list of awards and honors to their credit and have performed at several elite events, including Breyerfest at the Kentucky Horse Park and the televised Pegasus Parade in Louisville, Kentucky.

If you'd like to give drill-team work a try for yourself, go to [HorseandRider.com](http://HorseandRider.com) and download the instructions for *Drill Team Exercise: Thread the Needle*.



### GALLOP POLL: SHOW PRIZES

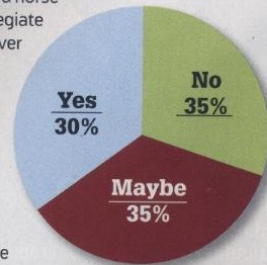
When you earn placings at horse shows, what type of prize pleases you most? (We're not the only ones to want to know—show committees would love your opinion on this, too!)

1. **RIBBONS.** I love hanging them up and showing them off; it's just not a show without them.
2. **FEE CREDITS.** I like getting credits that I can deduct from my show fees. Every dollar off counts.
3. **PRACTICAL PRIZES.** Give me anything useful, from hoof picks to buckets and brushes.
4. **POINTS.** Ribbons? Who needs 'em? I show to put points on my horse's record.

Here's how to respond: E-mail [HorseandRider@Equinetwork.com](mailto:HorseandRider@Equinetwork.com); post a message to the *H&R Forum* at [HorseandRider.com](http://HorseandRider.com); or send a letter to "Gallop Poll," *Horse&Rider*, 2520 55th St., # 210, Boulder, CO 80301. We'll print the results of this poll in an upcoming issue.

### READERS RESPOND WORTHY CAUSE, BUT...

Most respondents to May's "Gallop Poll" question weren't instantly keen on the idea of loaning a horse for use in youth or intercollegiate equestrian competitions. Over a third (35 percent) went with *no*, while another 35 percent waffled with *maybe*, depending on the rider and what the competition entailed. But those in the 30 percent of yes votes were enthusiastic. "Sure, there are risks involved," one person wrote, "but what isn't risky about having Would you loan your horse for a student equestrian competition?"



### QUOTE OF THE MONTH

#### THE WILD WEST

"This part of the U.S. [Wyoming] used to be called the 'Wild West,' and it really is cowboy country. I guess it was probably a bit like East L.A. back in the day—a lot of vigilantes and gunslingers staking claims of land and stuff like that."

...Jamie Oliver, English chef, on his trip to the American West, *Western Horse UK*, January/February 2010.

"40 YEARS AND COUNTING" PHOTO COURTESY OF THE PAINT HORSE JOURNAL; "GALLOP POLL: SHOW PRIZES" PHOTO BY CHARLES BROOKS; "THRILL OF THE DRILL" PHOTO COURTESY OF THE YOUNG GUNS 4-H EQUESTRIAN DRILL TEAM

